

Welcome to the Schaumburg Bicycle Club's 9th Annual Spring Forward Sunday, April 26, 2009

Celebrate **SPRING** and the promise of another great bicycling season! April weather is unpredictable so bring appropriate clothing. Whatever your persuasion, cross your fingers, salute the sun, meditate or say a prayer for weather good enough to bicycle.

Non-bicycling friends and family may want to visit Union's Railroad Museum, Donley's Wild West Town or shop at the Huntley Mall.

The small village of Union has been welcoming and friendly toward **SPRING FORWARD** and we want to keep it that way. **Please do not park in front of the**

American Legion or Checkers Restaurant or in their parking lots. Parking Monitors will direct you to parking. Park first, then register at the American Legion and have a great Lion's Club breakfast.

- Registration opens at 7:00 AM @ the American Legion.
- **NO STARTS** after 11:30 AM. Route closes 1:30 PM
- All You Can Eat Breakfast offered by the Union Lion's Club starting at 7 AM for only \$5.50. Partial proceeds to benefit Union Children's Christmas Fund.
- Join us for lunch **behind** Checker's Restaurant starting @ 11AM – Hot Dog, Chips, & Soda for \$3.00. Provided by Checkers. All proceeds to Union Children's Christmas Fund. Purchase lunch tickets at the Spring Forward Registration table on the day of the event.

Rest Stop

- 18, 31 mi. routes – 1 rest stop
- 62 mi. route – 2 rest stops
- Enjoy fruit, bagels, brownies and of course PB&J! Hot soup, hot tea, hot chocolate.

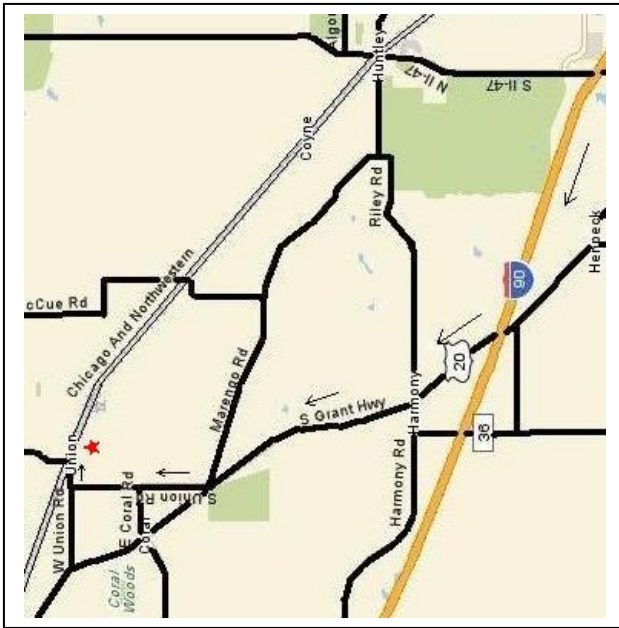
SAG Support

- Radio-patrolled SAG support on the route courtesy of the McHenry County Radio Club.
- A mechanic will be available **at the start for minor adjustments.** Please carry a pump and patch kit and/or extra tube.

All riders must wear an ANSI/SNELL approved helmet and obey the rules of the road.

Club Website: www.schaumburgbicycleclub.org

Spring Forward 2009
Directions to Union, IL



From I-90 W, take the US-20 exit to Matengo/Hampshire - go 0.4 mi
Turn left at US-20/S. Grant Hwy - go 4.3 mi
Bear right at South Union Rd - go 2.1 mi north.
Turn right at West Union Rd to Main Street.
The American Legion Hall is on Main and Jefferson.

PARKING MONITORS WILL DIRECT YOU TO PARKING. PARK FIRST, THEN REGISTER AT THE AMERICAN LEGION.



WWW.SCHAUMBURGBICYCLECLUB.ORG

Spring Forward Registration Form – Sunday, April 26, 2009

Please print neatly – One person per form – Photocopies accepted

Mail check or money order only to: **Spring Forward, PO Box 68353, Schaumburg, IL 60168-0353**

To pay by credit card, go to www.schaumburgbicycleclub.org and follow the link to register online.

Name _____ Phone _____

Address _____

City _____ State _____ Zip _____ Email _____

I plan to ride: 18 miles 31 miles 62 miles

Pre-registration: Adults - \$15, 17y.o. or under - \$10(until April 20th)

Day of event: Adults - \$20, 17y.o. or under - \$10

Waiver and Release

In signing this form for myself (or the above named participant if under the age of 18), I hereby absolve all sponsors and organizers, be they individuals, the Village of Union and all employees, local business, organizations, single and collectively of all blame for injury, misadventure, harm, loss or inconvenience suffered as a results of taking part in the Spring Forward Invitational or any activity associated with said event. I will obey all traffic laws, acknowledging the rules of the road apply to the bicyclist as well as the motorist. I will be considerate, polite and share the road. I will wear a helmet, have a good time, and try to keep the whining to a minimum. After all, it is only April. **Entry form will not be accepted unless signed and dated.** Parent or guardian must sign if participant is under 18.

Signature _____ Date: _____

Your cooperation is important – we must do our part to "share the road"!

I agree not to ride two or more abreast when it is impeding traffic. I agree to follow all other rules of the road, which apply to both cars and bicycles.